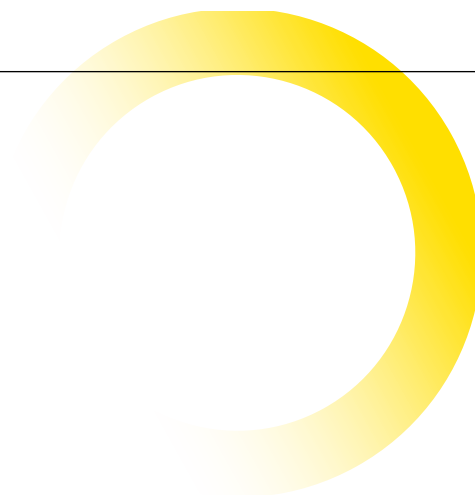


# The

Time flies faster than a weaver's shuttle.



I am sure that you are all aware of the recent unimaginable tragedies that have occurred within two of our neighbouring school communities, St Andrews' Cathedral School and St Lucy's. We have strong connections with members of these communities; in particular, our Junior School partners closely with St Lucy's, especially through their Year 3 program, and our senior girls volunteer there. Our staff and parents are also very closely connected with this wonderful school.

I know that you will keep the families who have suffered such a devastating loss and every member of these very special school communities in your thoughts and prayers as we as a school help support the families, students and staff through their grief at this extremely sad time.

Global conflict

We are all aware of the tragic and distressing conflicts that our currently impacting parts of our world.

We also are very aware that members of the Abbotsleigh community have family members and friends who are impacted by the horrendous situation in Israel and Gaza (and beyond), the continuing situation in the Ukraine and Russia, as well as conflicts in other parts of the world. Our thoughts and prayers are with those communities and people who are affected by such shocking trauma.\*

Should your daughters or you need support in the face of these dreadful tragedies, please do not hesitate to reach out to our Counselling and/or Chaplaincy teams.

\*Please continue to monitor your daughter's use of technology and social media as we are continuing to receive reports that shocking images are making their way through to child focused media including YouTube.

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# Wellbeing Matters: Mental Health

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# Community

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## Giving Day 2023

Mrs Jo Ingwell  
Fundraising Manager

After the success of our previous Giving Days, we are thrilled

As we witnessed last year, the Abbotsleigh Giving Day is a momentous occasion, uniting our entire community in a

TERM WEEK

## Infants Swimming Carnival

Mr Paul Guirrerri  
Head of JS Sport and PDHPE

Information was sent out today regarding the Infants Swimming Carnival which is to be held at the Abbotsleigh Aquatic Centre next Friday 10 November.

The girls have been busily preparing during our intensive swimming week and also in PE lessons. All girls in K-2 took part in our swimming trials at our Aquatic Centre on Thursday and are looking forward to a fun and competitive day of swimming next week!

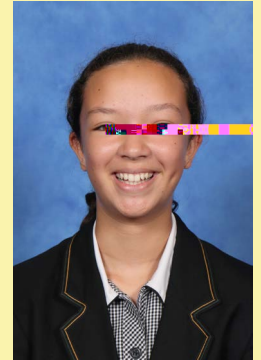


## NSWPSSA Athletics

Mr Paul Guirrerri  
Head of JS Sport and PDHPE

Congratulations to Olivia Johnson (Year 6), who recently competed at the NSWPSSA State Athletics Championships at Homebush. Olivia had an excellent competition, throwing a PB of 32+m and narrowly missed a spot on the podium, finishing in 4th place.

We congratulate Olivia for another outstanding athletics season and we look forward to her achieving more success in 2024!



## Year 3 excursion to Muogamarra Nature Reserve

Mrs Meg Lim  
Year 3 Classroom Teacher

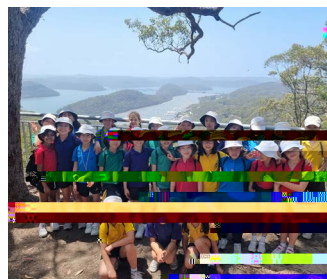
Last week, Wednesday 25 October, Year 3 went to Muogamarra Nature Reserve. It was a glorious day, spent bushwalking and observing beautiful views of the Hakwesbury River. The students were provided with a wonderful opportunity to observe the unique characteristics of the nature reserve including landforms and the flora and fauna, including a red-tailed black cockatoo. Students engaged in activities to learn more about Aboriginal Australians, their connection to Country and their culture.

The excursion connected to the Year 3 Geography unit about our continent and sustainability. They learnt how the Guringai people lived sustainably on the land and considered their own impact on the environment.

It was a beautiful day spent outdoors, connecting with the environment on our doorstep.

Centuries gone past  
Rock engravings are still here  
This land is Country.

Haiku by Mia Looi



## SSA Nationals tennis star

Mr Paul Guirrerri  
Head of JS Sport and PDHPE

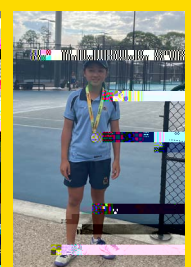
Last week, our resident Junior School Tennis superstar, Stephanie Huang (Year 6), took part in the School Sport Australia Nationals Tennis Competition in Brisbane.

Stephanie was our state's number 1 seed in this event and she had an outstanding competition playing against the best Primary School girls in Australia.

Stephanie won five out of her seven singles matches, including an epic on centre court at Pat Rafter Arena, and helped her

NSW teammates achieve fabulous success at the competition, finishing in 2nd place overall with the silver medal.

Stephanie has been a credit to our school, both on and off the court, and is to be commended for her outstanding success. We look forward to seeing Stephanie achieve even greater success in the years ahead!



# Boarding

## Halloween celebrations in boarding

By Sophia Darney and Nanetta Washaya  
Vice Head and Head Boarder Prefects

All vampires, ghosts, mummies and monsters from Read, McCredie and Lower Wheeldon enjoyed a Halloween celebration last Monday. After a week of working hard through their assessments, all the boarders were excited to celebrate the ghostly event.

We gathered in the spirit of Halloween in the frightening Dining Hall to indulge in a spooky dinner lled with eye-ball spaghetti, eerie nachos and yummy scary treats for dessert.

Afterwards, we played a variety of games on the oval, in a night lled with treats and tricks, consisting of apple bobbing, mummy wrap competitions, bone scavenger hunts and many more fun activities. Congratulations to the Year 8s coming out champions for the night, as well as best dressed going to Sophie Cooper and Mia Perrin.

All up we had a great night celebrating the spooky season and many thanks were given to the kitchen staff who created our vision of a disturbing dinner into a creepy reality.

